



Permitted Standards for safety helmets and body protectors

#### Standards as per 5<sup>th</sup> edition British TREC Rulebook 2019

A safety helmet conforming to one or more of the following standards must be worn, with the chinstrap fastened, at all times when mounted.

The approved standards for British TREC are

- **PAS 015 (1998 or 2011) provided it has a BSI Kitemark OR an Inspec IC Mark**
- **VGI 01.040 (2014-12) provided it has a BSI Kitemark OR an Inspec IC Mark**
- **SEI ASTM 95**
- **SEI ASTM F1163 (2004a or 04a onwards) providing it has an SEI mark.**
- **SNELL E2001 or E2016, providing it has a SNELL label and number.**
- **AS/NZS 3838 (2006 onwards), providing it has an SAI global mark.**

Any hats used must conform to one or more of these standards

#### Hat Cameras

A camera may not be worn on the hat when mounted.

#### Body Protectors

The approved standard for body protectors for British TREC is BETA Level 3 (with purple 2009 label or turquoise/blue 2018 label)

It is recommended that body protectors are replaced every 3-5 years, even if they are apparently undamaged.

N.B. (Note added on 16<sup>th</sup> July 2019)

- TREC events run on some XC courses MAY request **non fixed peak hats** to be worn. Or Jockey Skull.  
(These must still follow the current hat standards!)
- If this is the case the organiser **MUST** make it known, in a prominent position on their **Schedule**.  
(Thus giving competitors time to purchase a different hat if necessary.)
- It is recommended that a **non fixed peak hat** is worn for cross-country riding.